



Ventura Park Junior / Intermediate Track & Field Meet



Dear Parents / Guardians,

May 28th, 2018

Ventura Park will be hosting its annual school track & field meet for **Grade 4 to Grade 8 students**. The school track meet will be taking place on Tuesday, June 5th (*rain date June 6th*), at Westmount Collegiate school. The students will walk under the supervision of their homeroom teachers. The junior and intermediate grades will depart immediately following morning attendance and they will return to Ventura Park in time for their usual method of transportation home in the afternoon.

This year we will be conducting the running events only on the day of the meet. Mr. Babin and the junior / intermediate physical education teachers worked with the students during the whole month of May to teach, practice and run the field try-outs. The field events consisted of running long jump, standing long jump, triple jump, ball throw and shot put.

Your child will need to be appropriately dressed (including a hat and sun-screen) for outdoor physical activity. They should also bring water bottles with them. A good trick is to freeze a second water bottle that is 90% filled as it will keep their lunch cool and as it melts throughout the day, it will provide fresh cold water for your child. Please pack your child a litter-less lunch.

We appreciate the use of the high school facilities and we remind our students to be respectful of the students, staff and property at the school. Garbage pails will be located outside for our use. We will have access to the high school's washroom facilities. **All students must remain on Westmount Collegiate property for the duration of our track day. Students may not leave the property for any reason whether they have parental permission or not.**

We wish the students the best of luck at our track meet! The top two participants in each event will be selected to be members of our school track and field team which will compete on behalf of our school at the Junior Area Regional Qualifier Meet on June 12th and the Intermediate Area Regional Qualifier Meet on June 13th, at Vaughan Secondary School.

Thank you for your support!

